

Windermere and Bowness Medical Practice Autumn Newsletter—Please take a copy

Welcome to the Practice Autumn Newsletter. This is a quarterly publication to inform patients with news of what is happening in the practice as well as providing a reference point for useful information such as telephone numbers and surgery opening times.

If you would like to receive an electronic copy of this newsletter please let reception have your e-mail address or, alternatively, you can log on to our website on www.windermerehealthcentre.co.uk and click on “feedback” to e-mail the practice manager with your e-mail address.

Staff Training Days

Please note that the practice will be closed on the afternoons of 19th October and 17th November. If you need urgent medical assistance on these afternoons please phone the surgery where your call will be diverted to Cumbria Health on Call (Choc).

Practice Patient Reference Group

If you are interested in getting involved in our Patient Reference Group please ask at reception for a contact sheet. Alternatively you can log on to our website; www.windermerehealthcentre.co.uk, and click on feedback to e-mail us your contact details. By providing us with these details we can add them to our Patient Reference Group contact list so that we can get in touch with you every now and again. Your details will only be used for this purpose and will be kept safely.

Flu vaccinations

Invitations for flu vaccinations have been sent out to eligible patients. If you have not done so please contact reception to book your appointment. If you have not received an invitation and you think that you should be included in one of the “at risk groups” please mention this to a member of the practice team who will look into this for you. We would encourage all eligible patients to have a flu vaccination this year, if you would like to discuss your individual needs regarding a flu vaccine please ask to speak to a Nurse Practitioner.

Useful Telephone Numbers:

Surgery: 015394 45159
District Nurses: 015394 88203
Health Visitors: 015394 47625
Windermere Health Centre Pharmacy:
015394 43139
Boots, Windermere: 015394 43093
David Carter, Windermere: 015394 43417
Staveley Pharmacy: 01539 821222
Emergency Dental Clinic: 01524 405716
NHS Direct: 0845 4647

When the surgery is closed please call 03000 247 247. This is will put you through to Cumbria Health on Call (CHOC) who will handle your call.

Surgery Opening Times:

The surgery is routinely open between the hours of 8:30am and 6:00pm.
(Emergency calls only 8:00—8:30 and 6:00—6:30)

Morning Surgery (Monday—Friday)
8:45 am - 11:30am

Book on the Day Surgery starts at 12:15 (*This surgery is for patients who need to see a clinician at short notice and provides a 5 minute appointment. Please phone to make an appointment*)

Afternoon Surgery (Monday—Friday)
2:00 pm - 5:30pm

Evening Surgery
(Monday and Wednesday)
6:30 pm - 7:00pm